

# Share the Best Way to Rest

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Matthew 11:2-30

“Come to me, all who labor and are heavy laden, and I will give you rest.” (Matthew 11:28, ESV)

## Introduction

Jesus taught us what the best way to rest is. Today, let's look at Matthew Chapter 11, and think about it.

### 1. Believe in the Savior

A. Jesus Christ (11:2-6)

B. His witnesses (11:7-15)

### 2. Receive Redirection

A. Foolishness (11:16-19)

B. Pride (11:20-27)

### 3. Learn from the Master

A. His yoke (11:28-30)

B. Rest for our souls (11:29)

## For prayer, study, discussion, and application

1. Who is Jesus to you?
2. Do you have anything you need to change now?
3. What are you learning from Jesus now?

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