

Take Up Your Cross

Hope Chapel Tokorozawa
Matthew 16:1-28

“Then Jesus told his disciples, ‘If anyone would come after me, let him deny himself and take up his cross and follow me.’” (Matthew 16:24, ESV)

Introduction

Jesus told the disciples to take up their own cross. Today, let’s look at Matthew Chapter 16, and think about how to do it.

1. Through Learning

- A. The sign of Jonah (16:1-4)
- B. The leaven (16:5-12)

2. Through Testimony

- A. The Christ, the Son of the living God (16:13-17)
- B. The Church of Christ (16:18-20)

3. Through Self-Sacrifice

- A. The Master’s example (16:21-23)
- B. The example to live by as disciples (16:24-28)

For prayer, study, discussion, and application

1. What have you learned from Jesus so far?
2. Who do you say Jesus is to the people around you?
3. Are you presenting your life as a sacrifice to God?

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